

# **Maria J. E. (Marja) Sprock, M.D.**

Central Florida UroGynecology  
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## **CURRICULUM VITAE**

### **TEACHING HOSPITAL APPOINTMENTS:**

**7/2001 – 3/2008:** Assistant director, obstetrics and gynecology residency program, Henry Ford Health System, Detroit, Michigan.

**CURRENT POSITION:** Medical director  
Central Florida UroGynecology

### **CAREER HISTORY:**

**12/2009 – present** Central Florida UroGynecology, Rockledge, Florida  
Private practice/owner

**3/2008 – 12/2009:** Zipper Urogynecology Associates, Melbourne, Florida.

**5/2007 – 3/2008:** Henry Ford Health System, Detroit, Michigan: physician in charge obstetrics and gynecology, New Center One (Detroit Campus)

**7/2001 – 3/2008:** Henry Ford Health System, Detroit, Michigan: senior staff physician, obstetrics and gynecology; director, urogynecology services; assistant director, obstetrics and gynecology residency program

**7/1997 – 7/2001:** Senior staff physician, obstetrics and gynecology, Henry Ford Health System, Plymouth, Michigan

**7/1997 – 7/1999:** Senior staff physician, obstetrics and gynecology, Henry Ford Health System Dearborn, Michigan

**6/1996 – 6/1997:** Chief administrative resident, department of obstetrics and gynecology, Henry Ford Hospital, Detroit, Michigan

## Curriculum Vitae - Dr. Marja Sprock ( continued )

- 7/1993 – 6/1997:** Resident, obstetrics and gynecology
- 12/1991 – 6/1993:** Resident, internal medicine
- 7/1991 – 11/1991:** Researcher, Molecular Biology Laboratory, P. Lalley, Ph.D., oncologic cytogenetics, Wayne State University, Detroit, Michigan
- 3/1990 – 6/1991:** Researcher, endocrine laboratory, departments of obstetrics and gynecology and biological chemistry, K.M.J. Menon, Ph.D., University of Michigan Medical School, Ann Arbor, Michigan

### RESIDENCY EDUCATION AND RESIDENCY AWARDS

- 7/1993- 6/1997:** Residency in obstetrics and gynecology: Ronald Burkman, M.D., David Richardson, M.D. and Ronald Strickler, M.D., MBA, Henry Ford Hospital, Detroit, Michigan
- 12/1991 – 6/1993:** Residency in internal medicine: Mary Beth Hardwicke, M.D., St. John Hospital, Detroit, Michigan
- 1990 – 1991:** ECFMG: basic medical science, clinical science and English test
- 1983 – 1990:** Study of medicine (MD degree), Leiden University, Leiden, The Netherlands
- 1982 – 1983:** Academy for Physical Therapy, Propaedeutic physical therapy, Leiden, The Netherlands

### AWARDS

- 1997** Academic achievement award in recognition of the outstanding performance (highest score) on the CREOG examination.
- 1997** Special Excellence in Endoscopic Procedures, American Association of Gynecologic Laparoscopists, by Ronald C. Strickler, M.D., M.B.A.
- 1995** Academic Achievement Award, in recognition of the outstanding performance (highest score) on the CREOG examination

## **CONTINUING EDUCATION:**

Attendant of numerous national and international conferences on urogynecology and pelvic reconstructive surgery as well as cosmetic gynecology on a regular basis

- 2011** New procedures in cosmetic gynecology: Professor Adam Ostrzenski, M.D., Ph.D., St. Petersburg, Florida
- 2006-2007** Henry Ford MD Content, a “mini-MBA” for system leaders
- 2006** Da Vinci robot training and certification
- 7/2001 – 7/2004:** Apprenticeship urogynecology: David A. Richardson, M.D., Henry Ford Hospital, Detroit, Michigan
- 11/1999: present** Diplomat of the American Board of Obstetrics and Gynecology
- 2000 – 2001:** Business of Medicine: On-line executive certificate program, University of South Florida
- 2000 – 2001:** Mentorship program, women and minority physician and bio scientific staff, Henry Ford Hospital, Detroit, Michigan

## **MEDICAL LICENSES:**

Board of medicine physician license, state of Michigan: #430-10-58523  
Board of medicine physician license, state of Florida: #ME100296

## **BOARD CERTIFICATION:**

- 1999** Obstetrics and Gynecology
- 2013** Female Pelvic Medicine and Reconstructive Surgery

## **PROFESSIONAL MEMBERSHIPS:**

Fellow, American College of Obstetricians and Gynecologists  
Member, American Association of Gynecologic Laparoscopists/ Minimally invasive surgery  
Member, American Urogynecologic Society  
Member, International Urogynecological Association  
Member International Continence Society

## **POST-GRADUATE SURGICAL TRAINING:**

All general gynecologic and obstetric procedures; operative laparoscopy; hysteroscopy, as well as abdominal and vaginal incontinence surgery and advanced surgery for pelvic floor prolapse. Currently performing pelvic reconstructive surgery and cosmetic gynecologic surgery

**2002-2009** National instructor/lecturer and consultant CR Bard; pelvic floor reconstruction with vaginally placed meshes as well as treatment of stress incontinence.

**2010- 2011** Consultant and instructor AMS; pelvic floor reconstruction with vaginally placed meshes as well as treatment of stress incontinence.

## **PEER REVIEWED PUBLICATIONS:**

1. Hoffman, Y.M., Peegel, H., Sprock, M.J.E., Zhang, Q. and Menon, K.M.J. Evidence that human chorionic gonadotropin/luteinizing hormone receptor downregulation involves decreased levels of receptor messenger ribonucleic acid. *Endocrinology* 1991; 128:388-393.
2. Doppenberg, HJAT, Sprock, M.J.E. De pil controle op waarde geschat. *Nederlands tijdschrift voor geneeskunde* 1989; 133: 1706-1701, 1989.

## **MISCELLANEOUS PUBLICATIONS:**

1. George, A.; Sprock, M.; Postoperative scare: Rare case of an ovarian dermoid containing gastrointestinal epithelium; *The Female Patient* July 2009; vol 34, 41-43.

## **ABSTRACTS:**

1. Sprock, M.J.E., Peegel, H., Lu D. and Menon, K.M.J. Loss of LH/hCG receptor mRNA during ligand-induced down regulation involves increased mRNA degradation. *Society for the Study of Reproduction (SSR) Meeting, abstract, 1991.*
2. Sprock, M.J.E. Domestic violence. *The Resident Reporter* 1 (nr 4): 1996; 10-14.
3. Sprock M.J.E., Richardson D.A., AAGL, Low erosion rate utilizing a polypropylene mesh kit through a transverse introital incision, 2007.

## **AWARDS:**

**2007** Henry Ford excellence of care/departmental award.

**PRESENTATIONS:**

1. American College of Obstetrics and Gynecology, Snow meeting invited: The in's and out's of mesh use in vaginal prolapse repair, Michigan, 2007.
2. Numerous surgical instructions in vaginal prolapse repair, 2002-2010.
3. American Association of Gynecologic Laparoscopists podium presentation: Low erosion rate utilizing a polypropylene mesh kit through a transverse introital incision, 2007.
4. Numerous presentations on various topics in obstetrics and gynecology, to the obstetrics and gynecology residents and rotating residents, as coordinator of weekly lecture program, 2001-2008
5. Numerous presentations on pelvic floor reconstruction for CR. Bard, 2002-2009